

# GESUNDHEIT!

HEALTH. CARE.



THE SPIRITUAL CONNECTION



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**"The very essence of the gospel is restoration" (DA 824).**

👑 A rich king once bragged that his wealth could buy him anything in the world. But a wise man told him 4 things money can't buy: A baby's smile 🍼 The love of a good woman ❤️ Youth gone by 🧓 Health in Old Age 🏥

👨‍⚕️ Chinese Wisdom: The doctor is only paid if you stay well!

## 7 PREMISES • 7 PROMISES



### Premise 1 • The Bible is Wholistic

**Shalom** שָׁלוֹם *peace, safety, prosperity, well-being; intactness, wholeness; peace can have a focus of security, safety which can bring feelings of satisfaction, well-being, and contentment (Kohlenberger/Mounce Hebrew).*

- **Exodus 15:26** "I, Jehovah, am your healer." [Scripture references from the New King James Version of the Bible]
- **Psalms 38:3** "There is no soundness in my flesh because of Your anger, nor any health in my bones because of my sin." *Sin causes sickness, but not all sickness is caused by sin (John 9; Luke 13).*
- **Psalms 139:14** "I will praise You, for I am fearfully and wonderfully made"
- **Proverbs 3:7-8** "Do not be wise in your own eyes; fear the LORD and depart from evil. It will be health to your flesh, and strength to your bones."
- **Proverbs 16:24** "Pleasant words are like a honeycomb, sweetness to the soul and health to the bones."
- **Proverbs 17:22** "A merry heart doeth good like a medicine: but a broken spirit drieth the bones."
- **Acts 15:11, 28-29** Gentile Guidance: Faith + Fertilization + 3x Food (3/4! - Center of Dea~~t~~h: EAT!)
- **1 Corinthians 6:19-20** "Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? 20 For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's."
- **Matthew 4:23-25** "And Jesus went about all Galilee, **teaching** in their synagogues, **preaching** the gospel of the kingdom, and **healing** all kinds of sickness and all kinds of disease among the people."

### Premise 2 • Jesus Practiced Whole Person Care



#### WHY JESUS HEALED

**Example:** "Daughter, be encouraged; your faith has made you **whole**" (Matthew 9:22).

**made you whole:** σώζω sōzō "made you well" (ESV, NASB, NKJV, NET) "healed" (NIV); "saved" (LSV)

**Mounce Greek Dictionary:** to save, rescue; to preserve safe and unharmed, Mt. 8:25; 10:22; 24:22; 27:40, 42, 49; 1 Tim. 2:15; σώζειν εἰς, to bring safely to, 2 Tim. 4:18; to cure, heal, restore to health, Mt. 9:21, 22; Mk. 5:23, 28, 34; 6:56; to save, preserve from being lost, Mt. 16:25; Mk. 3:4; 8:35; σώζειν ἀπὸ, to deliver from, set free from, Mt. 1:21; Jn. 12:27; Acts 2:40; in NT to rescue from unbelief, convert, Rom. 11:14; 1 Cor. 1:21; 7:16; to bring within the pale of saving privilege, Tit. 3:5; 1 Pet. 3:21; to save from final ruin, 1 Tim. 1:15; pass. to be brought within the pale of saving privilege, Acts 2:47; Eph. 2:5, 8; to be in the way of salvation, 1 Cor. 15:2; 2 Cor. 2:15 → heal; rescue; save.

### Premise 3 • Jesus Heals = Jesus Saves!

<b>Leprosy.</b>	"Jesus put out His hand and touched him" (Matthew 8:3).
<b>Soul. Sick.</b>	"Physical disease, however malignant and deep-seated, was healed by the power of Christ; but the disease of the soul took a firmer hold upon those who closed their eyes against the light. Leprosy and palsy were not so terrible as bigotry and unbelief" (DA 271.1).
<b>Speech.</b>	"Only <b>speak</b> a word . . . His servant was <b>healed</b> that very hour" (Mt 8:13)
<b>Therapy.</b>	<i>The healing power of Christ is not limited to His physical presence!</i>



## Premise 4 • Jesus' Word is as Good as His Touch!

### WHOM JESUS HEALED • A CASE STUDY

#### Worst Case Scenario



Hope

Process



Re-Creation

The woman "had suffered many things from many physicians. She had spent all that she had and was no better, but rather grew worse" (Mark 5:26).

"If I may touch but his clothes, I shall be whole!" (v28)

v25 <b>Society:</b>	"a certain woman"	nameless
v30 <b>Jesus:</b>	"Who?!"	specific
v31 <b>Disciples:</b>	"Someone"	generic
v34 <b>Jesus:</b>	"Daughter"	re-humanization

*"Christ is the same compassionate physician now that He was during His earthly ministry" (MH 226).*

## Premise 5 • Jesus Re-Humanizes People



**7 DOCTORS. PLUS ONE.**

**"The doctor of the future will no longer treat the human frame with drugs, but will rather cure and prevent disease with nutrition" - Thomas Edison**

"Pure air, sunlight, abstemiousness, rest, exercise, proper diet, the use of water, 🤞 **trust in divine power** 🤞 — these are the true remedies" (MH 127). "Nothing tends more to promote health of body and of soul than does a spirit of gratitude and praise. It is a positive duty to resist melancholy, discontented thoughts and feelings—as much a duty as it is to pray. If we are heaven-bound, how can we go as a band of mourners, groaning and complaining all along the way to our Father's house?" (MH 251) ... Gratitude, rejoicing, benevolence, trust in God's love and care - these are health's greatest safeguards" (MH 281).

## Premise 6 • Quality of Life → Quantity of Life

### RELATIONSHIPS • POSITIVE INTERACTION



**Love**  
**Listen**  
**Learn**  
**Lead**  
**Leave**



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Love - a gift to be passed on (#Romans 5:5)  
listening > talking  
intense individual interest  
next positive step  
positive permanence

*"Do YOU want to be made well?"*  
John 5:6



## Premise 7 • We Live to Love • To Love is to Live

**"Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers" (3 John 2).**